1. Make her first place in your life and show it; second only to your relationship to Jesus Christ.

If she senses she is not first place, she will doubt your love and become insecure.

How may you find out her place in your life?

What means more to you:

1) Your wife or your children?

2) Talking with your wife or sex with her?

3) Your wants or her needs?

4) Praying with your wife or praying with others?

5) Helping other people or helping your wife?

6) Your work or your family?

7) Church activities or family needs?

She knows when she is not cherished, not uppermost in your affections.

She knows what you delight in more than her.

The husband, in his headship, is to express love for his wife by meeting her needs. I Peter 3:7

2. Recognize her attempts to please you.

Her attention to immediate details and her desire to express love to you may often motivate her to do little things for you.

When you fail to recognize them or express appreciation for them you are insensitive to her.

She needs your admiration and praise. Don't disregard, laugh at or belittle what she does for you. Be very careful to watch for her attempts to please and then express appreciation.

3. Don't unfavorably compare her with other people, especially women.

Generally, don't point out some ability she lacks or some appearance you prefer. In her eyes, that person pleases you more than she does.

4. Be the spiritual leader in your home.

She longs for this. If you do not provide it or do show disinterest in it, she is unable to place her full confidence in you. She may seek this leadership from others.

How to be the spiritual leader:

1) Personal time with the Lord.

2) Family devotions.

3) Solving family problems biblically.

4) Sharing new spiritual insights with her.

5. Value her opinion.

She sees things in a different frame of reference or from a different perspective than you do.

Let her know: “As far as possible, I will not make any decisions until we are one in spirit about that decision.”

6. Show self-control and personal discipline. In all areas of life.

Did you marry her for satisfaction of sexual desires or to meet her needs?

When you do nothing when she attempts to help you or correct you, this hurts her even more.

7. Prepare her for change.

She needs time for change. She needs to make the mental readjustment before that change occurs.

8. Be consistent with her discipline of children.

Don't take sides against her. Don't defend the children. This causes her to doubt your loyalty to her. She may think you are trying to turn the children against her.

Settle differences away from children.

9. Don't correct her in public.

Don't use jokes about her or cutting remarks to her in front of other people in order to emphasize some change in her you would like to have.

If she makes a mistake or misquotes someone, tell her about it privately (but only if her statement will have harmful results for someone).

10. Speak to her in a gentle spirit.

Be a gentleman. Do not use harsh words. Always look for ways to communicate to her in gentleness with tact.

11. Praise her.

For more than her cooking and physical involvement. For qualities of character she possesses.

Requires thought and planning.

12. Remove her fears.

Discover them - listen. Write them out. Then write out things you can do to eliminate them.

13. Show creative affection.

Other than sex. Affection without sex - good manners - be courteous.

14. Build security with her.

Knowing she has a permanent place in your heart and affection. Be careful never to show attention to another woman in such a way as to disillusion her.

Be a one-woman man.

1) Do not enjoy company of another woman more than your wife.

2) Do not become delighted with another woman.

3) Don't praise another woman in front of your wife.

4) Don't talk favorably about another woman to your wife.

5) Be delighted with your wife.

6) Notice her more.

7) Attach more value to her.

8) Admit when you are wrong and she is right.

15. Delight in fulfilling her little wishes.

She has little things for you to do. Little - no imposition of your time. Gives you chance to reassure her of your love by enjoying and doing things for her and meeting her needs.

Don't replace it with a major job. Gives her the idea her suggestions and ideas are not good and yours are better.

She feels like it was forced on you and that makes her feel like a demanding wife.

Do it in the spirit of "I'm enjoying doing it." Not as a job to get out of the way.

16. Provide time for intimate conversation.

Plan ahead and free atmosphere from distractions.

17. Spend time with the children.

It delights your wife.

Give them your undivided attention.

Do what they want to do.

Frequency very important.