

Cardiovascular Equipment



Treadmill



Elliptical Trainer



Recumbent Bike



Upright Bike (comp.)



Upright Bike



Stair stepper

Weight Machines by Hoist and True



Multi-Press



Chest Press



Shoulder Press



Lateral Raise



Pec Fly/Rear Delta



Personal Pulley



Lat Pulldown/Mid Row



Leg Ext./Lying Leg Curl



Abdominal Crunch



Low Back Extension



Inner/Outer Thighs



Upper Back and Arms

Free Weight Equipment & Accessories



3 Way Olympic Bench



Plate Loaded Leg Press



Linear Smith Machine



Free Weight Jammer



Adjustable Dumbbell Bench



Preacher Curl Bench



Vertical Knee Lift



46° Hyperextension



Adjustable Sit-up Bench



Rubber Grip Plates (1705 lb)



Rubber Dumbbell Sets



Olympic Bars



Bar Attachment with Rack



Misc. Accessories



Stretch Station

