

## Approved Medication Policy

### Vision of Hope

Vision of Hope is not a medical center. We are a faith-based residential program for young women addressing the four key areas of addiction, eating disorders, habits of self-harm, and unplanned pregnancy. We do, however, allow some mental health medications to be used by residents of Vision of Hope. Please see the list below for approved and unapproved mental health medications. If you are currently taking medication not approved for use at Vision of Hope, we recommend you explore other programs designed to accommodate mental health patients, consider discussing with your mental health provider discontinuing a medication as appropriate, or changing to an alternative medication that is allowed at Vision of Hope. We **DO NOT** recommend discontinuing any of your prescribed medications without the knowledge and guidance of your physician. If you are taking mental health medication not included in the list below, please inquire about our policy regarding that particular medication.

Green Light	Yellow Light	Red Light
<p>The following medications <b>ARE</b> allowed at Vision of Hope: “Green light”</p> <p><b>Antidepressants:</b> <i>Celexa, Cymbalta, Effexor, Elavil, Lexapro, Prozac, Paxil, Remeron, Savella, Trazodone, Wellbutrin, Zoloft</i></p>	<p>The following medications <u>require</u> explanation from a <u>doctor</u> of reasons for need: “Yellow light”</p> <p><b>Mood stabilizers/Seizure Meds:</b> The following medications are allowed at Vision of Hope <u>ONLY</u> for documented seizure disorders (a letter from your treating physician is required stating his/her reasons for prescribing the medication): <i>Tegretol Topamax Trileptal Depakote Lamictal</i></p>	<p>The following medications <b>ARE NOT</b> allowed at Vision of Hope: “Red light”</p> <p><b>Benzodiazepines:</b> such as Ativan, Klonopin, Xanax, or Valium <b>Antipsychotics:</b> Medications in this class include, but are not limited to: Abilify, Geodon, Mellaril, Seroquel, Clozaril, Haldol, Risperdal, Zyprexa <b>Mood stabilizers:</b> <i>Lithium</i></p>
<p><b>Antianxiety Medications:</b> <i>Buspar, Vistaril</i></p>		<p><b>Sleep Aids:</b> <i>Ambien, Halcion, Lunesta, Restoril, Sonata</i></p>
<p><b>Sleep Aids:</b> <i>Trazodone and over-the-counter sleep aids are acceptable.</i></p>	<p><i>NOTE: Neurontin may be taken by insulin-dependent diabetics as necessary for neuropathy. Again, a letter from the physician with the reason for prescribing the medication is required.</i></p>	<p><b>ADD/ADHD Medication:</b> <i>Adderall, Concerta, Focalin, Provigil, Ritalin or any other “controlled” medication.</i></p>
<p>Non habit forming ADD medications such as Straterra and Intuniv are acceptable</p>		<p><b>Narcotic &amp; other Pain medication:</b> <i>Darvocet, Hydrocodone, Lortab, Lyrica, Methodone, Oxycontin, Percocet, Suboxone, Ultram, Neurontin</i></p>
<p><i>Anti-inflammatory medications such as Ibuprofen, Meloxicam, Naproxyn, and others <u>are</u> permitted for use at Vision of Hope.</i></p>		<p><b>Muscle Relaxants:</b> <i>Flexeril, Robaxin, Soma, etc.</i></p>
Green Light	Yellow Light	Red Light

*I have read and agree to the terms of Vision of Hope regarding approved medications:*

Signature \_\_\_\_\_

Date \_\_\_\_\_